The purpose of the PFM is to **Create Space** to think and prepare for your day. (See Chapter 10 in Leaders Create Space.)

### Headline Check-in

**EMOTION** - What word best describes how you feel right now? Why are you feeling that way?

**GRATITUDE** - What are you thankful for? Who do you appreciate?

**CELEBRATE** - Who do you want to recognize, acknowledge or honor?

**CHALLENGE** - Where is the disruption, frustration or opposition? Where might you feel stuck?

### 3x3x3 DAILY Planner

**My three goals:**

1. 

2. 

3. 

**My three functions:**

1. 

2. 

3. 

**My three priorities:**

1. 

2. 

3.